



CANTEEN MENU

TRUSCOTT KIDS CAFÉ TERM 2

WINTER PRICE LIST 2009

Start the Day the Right Way!

Apple or Orange Juice	\$1.60
Slinky Apples or other Fruit	\$1.00
Milks (Chocolate, Strawberry)	\$1.50
Plain Milk with Sippah Straw	\$1.60

Sandwich or Roll

Bread (w/grain/white bread) or Roll (white)	\$1.00
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Toppings

Ham or Tuna	\$1.40 ea
Roast Chicken	\$1.60 ea
Salad – Carrot, Cucumber, Tomato, Beetroot & Lettuce	\$2.50 (50c ea)
Pineapple	\$0.50
Cheese or Egg	\$1.00 ea
Vegemite or Mayo	\$0.20 ea

Sandwich Ideas

Ham, Cheese & Tomato	\$3.90
Salad	\$3.50
Egg, Mayo and Lettuce	\$2.70
Curried Egg	\$2.20
Ham	\$2.40
Cheese and Vegemite	\$2.20
Tuna, Mayo and Carrot	\$3.10
Roast Chicken, Tomato & Lettuce	\$3.60
Sandy Special – Salt and Vinegar Chicken Tenderbite on a Salad Sandwich	\$5.00

Monday - Bellissimo Burger Meal

Burger on Roll with Cheese, Lettuce, Tomato, Beetroot and BBQ Sauce AND a Playwater OR Sparkling Drink \$5.50

Tuesday – Italian Meal

Ravioli, Garlic Bread AND a Playwater OR Sparkling drink (flavours see below) \$5.50

Thursday – Hokkien Noodles Meal

Warm Hokkien Noodles, JJ Crackers and a \$5.50

Playwater or Sparkling Drink

Friday - Sportsca Pack

Cruiser Pie & Tomato Sauce and JJ Crackers \$5.50 and Playwater OR Sparkling Drink

Truscott Salad Special

Lettuce, Cucumber, Tomato, Carrot, Spanish Onion, Feta & Sesame, Sunflower & Pumpkin Seeds with French Dressing \$5.50

Hot Food

Cruiser Pie 185gm	\$3.00
Sausage Roll	\$2.00
Chicken Burger on a roll	\$2.70
Chicken Burger with lettuce & tomato	\$3.70
Chicken Nuggets	\$0.60
Chicken Wedges	\$0.70
Chicken Crackles (like popcorn chicken)	\$0.50
Salt & Vinegar Chicken Tenderbites	\$1.60
Pizza – Ham & Pineapple, Cheese & Bacon	\$2.40
Macaroni & Cheese (and fork)	\$3.00
Ravioli (and fork)	\$3.00
Hokkien Stir Fried Noodles (and fork)	\$3.00
Lasagne	\$3.00
Hot Cheese Roll	\$2.00
Fantastic Noodles (chicken flavour with fork)	\$2.40
Garlic Bread	\$1.00
Corn Cob	\$1.00
Boiled Egg	\$1.00
Tomato or Sweet 'n Sour Sauce	\$0.20

Snack Attack!

Gingerbread Kids	\$1.50
Jelly Joy	\$0.30
Grissini Bread Sticks (5 in a packet)	\$0.50
Hot Popcorn	\$1.00
JJ Crackers – S & Vinegar, Chicken, Pizza	\$1.00
JJ Noodles – 15g Chicken, BBQ	\$0.40
Red Rock Deli Chips – Original, Honey Soy Chicken	\$1.00



Sunrice Rice Cakes (3) \$1.00

Drinks

Milks (strawberry and chocolate) \$1.50
Sipahh Straws (choc, choc mint, caramel, banana & strawberry) with plain milk` \$1.60
Hot Milo or Hot Chocolate \$2.00
Apple or Orange Juice (300ml) \$1.60
Water \$1.20
Playwater (Blackcurrant, Raspberry and Lemonade flavours) \$1.60
Sparkling (grape, strawberry, guava, lemon,) \$1.60

Ice creams and ice blocks

Frozen Yogurt Cup – Wild Strawberry, Peach Mango \$1.80
Paddle Pops – Banana, Chocolate, Rainbow \$1.60
TNT - Sour Iceblocks \$1.00
Mini TNT – Raspberry, Ka-Bluey \$0.80
Moosies – Choc, Strawberry and Blue Moon \$1.60
Icy Twist – Lemonade \$1.30
Calippo – Raspberry Pineapple, Lemon \$1.20
Quelch Sticks 99% frozen fruit juice (70ml) \$0.60
Juicees (Blackcurrant & Tropical - 99% fruit juice) \$0.80
Fruit Bombs \$0.50
Slush Puppies (Strawberry, Raspberry, Berry, Lemon-Lime) \$1.60
Sour Slushie - & Shocker \$1.80

Please use the rest of this space to add new products as they appear in the newsletter.

Slushies are only available after kids have eaten their lunch and they must come down to the canteen to collect them.

PARENTS PLEASE SEE THAT PSSA KIDS DO NOT ORDER HOT NOODLES ON FRIDAYS AS THEY CAN NOT TAKE THEM ON THE BUS.

ALSO "KINDERGARTEN" KIDS MAY NOT ORDER HOT NOODLES OR THE FANTASTIC SOUPS AT ALL. THIS IS A

SAFETY ISSUE.

Lunch Bags are available at the canteen at a cost of 10c each.

There is a charge of 50c to slinky apples bought from home.

As this is the WINTER MENU I will try to have warm snacks at recess. I will have cheese melts which are ½ bread roll with tomato paste and melted cheese and also hot chicken crackles for 50c each alternate days. \$1.50

I still have slices of fresh Pineapple for a \$1 which are DELICIOUS!

I will also have small snap lock bags of FRESH FRUIT like Grapes and Strawberries OR Melon balls (whatever is in season) and a yoghurt dip \$2.00
AND
VEGIE STIX like Red Capsicum, Cucumber, Carrots and Cherry Tomatoes with a French Onion Dip

Our canteen struggles financially from time to time. It would be wonderful if clever mums who may have special talents for making or baking particular things like banana bread or pikelets would donate them to the canteen to sell. This would help tremendously and the kids would have freshly backed treats.